

**IGNOU STUDY 2209 (P), COLLEGE OF NURSING
CHRISTIAN MEDICAL COLLEGE, LUDHIANA
COUNSELLING SCHEDULE / TIME TABLE FOR IGNOU
POST-BASIC BSc(N) 1st YEAR (BATCH-2025) STUDENTS**

Commencing from 19.01.2026 to 25.04.2026 as per dates given below:

DATE	DAY	8:00 AM – 10:00 A.M.	10:00 AM – 12:00MD	12:00MD – 1:00 P.M.	1:00 PM – 3:00 PM	3:00 PM – 5:00 PM
19.01.2026	Monday	Nursing Foundation (BNS-201)	Maternal Nursing (BNS-203)	BREAK	Nursing Foundation (BNS-201)	Educational Psychology (BNS-205)
20.01.2026	Tuesday	Educational Psychology (BNS-205)	Nursing Foundation (BNS-201)		Maternal Nursing (BNS-203)	Communicative English (BNS-204)
21.01.2026	Wednesday	Maternal Nursing (BNS-203)	Educational Psychology (BNS-205)		Nursing Foundation (BNS-201)	Communicative English (BNS-204)
22.01.2026	Thursday	Maternal Nursing (BNS-203)	Nursing Foundation (BNS-201)		Educational Psychology (BNS-205)	Nursing Foundation (BNS-201)
23.01.2026	Friday	Nursing Foundation (BNS-201)	Maternal Nursing (BNS-203)		Nursing Foundation (BNS-201)	Communicative English (BNS-204)
24.01.2026 to 25.01.2026	Saturday & Sunday	OFF				
26.01.2026	Monday	Holiday (Republic Day)				
27.01.2026	Tuesday	Nursing Foundation (BNS-201)	General Psychology (BNS-205)	BREAK	Sociology (BNS-205)	Communicative English (BNS-204)
28.01.2026	Wednesday	General Psychology (BNS-205)	Nursing Foundation (BNS-201)		Nursing Foundation (BNS-201)	Sociology (BNS-205)
29.01.2026	Thursday	Maternal Nursing (BNS-203)	General Psychology (BNS-205)	BREAK	Sociology (BNS-205)	Communicative English (BNS-204)
30.01.2026	Friday	Nursing Foundation (BNS-201)	General Psychology (BNS-205)		Sociology (BNS-205)	Communicative English (BNS-204)
31.01.2026 to 01.02.2026	B R E A K					

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PRACTICAL	Timings: 08:00AM to 12:00 MD 12:00MD to 01:00 PM (Lunch Break) 01:00 PM to 05:00 PM	
02.02.2026 to 07.02.2026	Monday to Saturday	MATERNAL NURSING (BNSL-203) (48 Hrs.)
08.02.2026	Sunday	OFF
09.02.2026 to 14.02.2026	Monday to Saturday	MATERNAL NURSING (BNSL-203) (48 Hrs.)
15.02.2026	Sunday	OFF
16.02.2026 to 18.02.2026	Monday to Wednesday	MATERNAL NURSING (BNSL-203) (24 Hrs.)
19.02.2026 to 21.02.2026	Thursday to Saturday	NURSING FOUNDATION (BNSL-201) (20 Hrs.) <i>(Saturday till 12:00 Noon)</i>
22.02.2026	Sunday	OFF
23.02.2026 to 27.02.2026	Monday to Friday	NURSING FOUNDATION (BNSL-201) (40 Hrs.)
28.02.2026 to 05.04.2026	B R E A K	

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PRACTICAL	DAY	8:00 AM – 10:00 A.M.	10:00 AM – 12:00 NOON	12:00 MD – 1:00 P.M.	1:00 PM – 3:00 PM	3:00 PM – 5:00 PM
06.04.2026	Monday	Biochemistry (Theory) (BNS-202A)	Nutrition (Theory) (BNS– 202D)	BREAK	Microbiology (Theory) (BNS-202C)	Biophysics (Theory) (BNS–202B)
07.04.2026	Tuesday	Nutrition (Theory) (BNS – 202D) (08:00-09:00AM)	Microbiology (Theory) (BNS-202C)		Microbiology (Theory) (BNS -202C)	Biophysics (Theory) (BNS–202B) (3:00PM- 4:00PM)
		Biochemistry (Theory) (BNS-202A) (09:00AM-10:00AM)				
08.04.2026	Wednesday	Microbiology (BNSL-202C)	Biochemistry (BNSL-202A)		Nutrition (BNSL–202D)	Biochemistry (BNSL–202A)
09.04.2026	Thursday	Biochemistry (BNSL-202A)	Nutrition (BNSL–202D)		Microbiology (BNSL-202C)	Biophysics (BNSL–202B)
10.04.2026	Friday	Microbiology (BNSL-202C)	Nutrition (BNSL–202D)		Biochemistry (BNSL-202A)	Biophysics (BNSL–202B)
11.04.2026	Saturday	Biochemistry (BNSL-202A)	Microbiology (BNSL-202C)		Nutrition (BNSL–202D)	Biophysics (BNSL–202B)
12.04.2026 to 14.04.2026	Sunday to Tuesday	OFF				
15.04.2026	Wednesday	Nutrition (BNSL–202D)	Biochemistry (BNSL-202A)	BREAK	Microbiology (BNSL-202C)	Biophysics (BNSL–202B)
16.04.2026	Thursday	Microbiology (BNSL-202C)	Nutrition (BNSL–202D)		Biophysics (BNSL–202B)	Biophysics (BNSL–202B)
17.04.2026	Friday	Microbiology (BNSL-202C)	Biochemistry (BNSL-202A)		Nutrition (BNSL–202D)	Biophysics (BNSL–202B)
18.04.2026	Saturday	Biochemistry (BNSL-202A)	Microbiology (BNSL-202C)		Biochemistry (BNSL-202A)	Nutrition (BNSL–202D)
19.04.2026	Sunday	- OFF -				
20.04.2026	Monday	Biochemistry (BNSL-202A)	Microbiology (BNSL-202C)	BREAK	Nutrition (BNSL–202D)	Biophysics (BNSL–202B)
21.04.2026	Tuesday	Nutrition (BNSL 02D)	Biochemistry (BNSL-202A)		Microbiology (BNSL-202C)	Biophysics (BNSL–202B)
22.04.2026	Wednesday	Nutrition (BNSL–202D)	Microbiology (BNSL-202C)		Biochemistry (BNSL-202A)	Nutrition (BNSL–202D)
23.04.2026	Thursday	Nutrition (BNSL-202D)	Biochemistry (BNSL-202A)		Nutrition (BNSL–202D)	Biophysics (BNSL–202B)
24.04.2026	Friday	Microbiology (BNSL-202C)	Biophysics (BNSL–202B)		Microbiology (BNSL-202C)	Biophysics (BNSL–202B)
25.04.2026	Saturday	Microbiology (BNSL-202C)	Biophysics (BNSL–202B)		Biophysics (BNSL–202B)	Biochemistry (BNSL-202A)

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<u>TEACHERS</u>	<u>SUBJECTS</u>	<u>TOTAL HOURS</u>			
		<u>CREDITS</u>	<u>THEORY</u>	<u>CREDITS</u>	<u>PRACTICAL</u>
<u>BNS – 201 NURSING FOUNDATION</u>		4	24	4	60
1. Mrs. Shehnaz Johnson	Theory & Practical				
2. Mrs. Ashima Baweja	Theory & Practical				
<u>BNS – 202 APPLIED SCIENCES</u>					
1. Dr. Shaveta Thukral	Biochemistry	4	3	4	28
2. Ms. Nidhi Arora	Biophysics	4	3	4	28
3. Dr. Aroma Oberoi	Microbiology	4	6	4	28
4. Mrs. Ruma Singh	Nutrition & Dietetics	4	3	4	28
<u>BNS – 203 MATERNAL NURSING</u>		2	12	8	120
1. Dr. Harjit	Theory & Practical				
2. Prof.(Mrs.) Suman Kumar	Theory & Practical				
<u>BNS – 204 COMMUNICATIVE ENGLISH</u>		4	12		
1. Mrs. Amrit Kaur					
<u>BNS – 205 BEHAVIOURAL SCIENCES</u> (Educational & General Psychology)		4	24		
1. Dr. Neeta Austin Singha	Theory				
<u>SOCIOLOGY:</u>					
1. Mr. Satish Kumar					

Dated: 15.12.2025


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